

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|---|--|--|--|--|---|---|
|  <h1>NOVEMBER 2023</h1>   |  |  |  <p><b>1</b></p> <p>Socialize and have fun!<br/>Taste-test fall-flavored mocktails &amp; festive treats while creating a beautiful piece of art.</p> <p>Live Music by Music N Motion</p>  | <p><b>2</b></p> <p>9:30 Newspaper Chat<br/>10:00 Senior Moments<br/>11:00 Boardwalk History<br/>11:30 Movin' &amp; Groovin'</p> <p><b>Autumn Foliage Tour at Ringwood Manor Gardens</b></p> <p>3:00 Happy Hour<br/>3:30 November Facts<br/>4:00 Famous Faces<br/>4:30 Crooning Chorus<br/>5:00 Recall: Toss &amp; Talk</p> | <p><b>3</b></p> <p><b>It's Sweater Weather!</b></p> <p>Employee Wacky Sweater Contest</p>  <p><b>Music &amp; Dancing w/ Ella Christina</b></p>   | <p><b>4</b></p>   |
| <p><b>"Fall Back" Day 5</b></p> <p>Day Light Savings Facts<br/>How Time Works<br/>Go Back in Time with Music &amp; Dancing<br/>Happy Days Reminisce</p>                                        |  <p><b>6</b></p> <p><b>Nature Walk Through Van Saun Park</b></p> <p>Colorful leaves &amp; crisp air<br/>Pumpkin spice tea will be served – <i>Don't Miss This</i></p>   | <p><b>ELECTION DAY 7</b></p> <p>Voter Cards<br/>Election Buttons<br/>Debate w/Friends<br/>Ballot Box Vote<br/>Party Animals<br/>Election Issues &amp; Brain Busters</p>  <p><b>1872 Susan B. Anthony Voted Election Night Pre-Party At Rosa Mexicana</b></p>   | <p><b>8</b></p> <p><b>Celebrating American Songwriter Bert Berns' Birthday!</b></p> <p>Let's Remember the Lyrics...<br/>"Twist and Shout"<br/>"Hang On Sloopy"<br/>Brown Eyed Girl"<br/>"Piece of my Heart"<br/>"Under the Boardwalk"<br/>Live Music &amp; Dancing With Frankie M.</p>  | <p><b>Special Ballet Performance 9</b></p> <p><b>Ballet Academy East</b></p> <p>Join us today for a special show designed for our members to experience the magic &amp; beauty of dance</p>   | <p><b>10</b></p> <p><b>Veterans Day 2023 Celebrate Courage, Honor &amp; Sacrifice</b></p> <p>Thank You Pinning Ceremony<br/>Special Red, White &amp; Blue Lunch<br/>Stars and Stripes Art<br/><b>Patriotic Dance Party w/ Johnny Mac!</b></p>  | <p><b>11</b></p> <p>Veterans Day<br/>Remembrance Day (Canada)</p> |
| <p><b>Chicken Soup for the Soul Day 12</b></p> <p>Hearts &amp; Minds will be Entertained, Encouraged and Enlightened<br/>Chicken Soup for the 'Golden Soul' Stories<br/>Reminisce: Soul Train<br/><b>Homestyle Chicken Casserole Family-style Dinner</b><br/>Diwali (Hindi)</p> | <p><b>13</b></p> <p>9:30 Daily Chronicles<br/>10:00 Goal Kick Challenge<br/>10:30 No Bake Club<br/>11:00 Patriotic Tribute<br/>11:30 Boogie &amp; Bounce</p> <p><b>Dad's Meatloaf for Lunch at Miller's Ale House</b></p> <p>3:00 Hit Your Target<br/>3:30 Ping Pong Party<br/>4:00 Timely Trivia<br/>5:00 Evening Antics</p>  | <p><b>A Day at the Apollo 14</b></p> <p>Celebrating jazz, swing, bebop, R&amp;B, gospel &amp; blues. Tributes to: Ella Fitzgerald, Sarah Vaughan, Billie Holiday, Sammy Davis Jr.</p>  <p><b>Amateur Karaoke Contest Ice Cream from Cranbury Junction</b></p> | <p><b>All About Salsa! 15</b></p> <p>Salsa Lessons and Entertainment by Nestor Martinez<br/>Let's Learn Spanish<br/>Happy Hour<br/>Mock-a-ritas &amp; Chips &amp; Salsa</p>   | <p><b>Tour of the Paramus Fritz Behnke Historical Museum 16</b></p>  <p>Take a Trip Down Memory Lane and Reminisce About the Way Things Used to Be</p>   | <p><b>Happy Birthday Party 17</b></p> <p><b>Mickey Mouse &amp; Our RMCC Members</b></p> <p>Birthday Cake<br/>Vintage Mickey Recall<br/><b>Mouseketeer Dance Party - Live Music featuring 50's &amp; 60's Favorites</b></p>                    | <p><b>18</b></p>  |
| <p><b>LET'S GO WILD! 19</b></p> <p><b>AFRICAN SAFARI ADVENTURE</b><br/><b>WILDLIFE EXPEDITION</b><br/><b>JUNGLE GYM EXERCISE</b><br/><b>GRR-GREAT TIGER TREATS &amp; MORE!</b></p>           | <p><b>20</b></p> <p>9:30 What's in the News?<br/>10:00 A-Z Categories<br/>10:30 Brain Busters<br/>11:00 Pitch Perfect<br/>11:30 Monday Muscles</p> <p><b>Barcelona's Classic Italian Lunch</b></p>  <p>3:00 Memory Recall<br/>3:30 Fan Favorites<br/>4:00 Remembering with Music<br/>5:00 November Landscapes</p> | <p><b>Private Museum Tour 21</b></p> <p><b>Barrymore Film Center The Birthplace of the American Motion Picture Industry!</b></p>  <p><b>***Very Special Trip***</b></p>  | <p><b>Let's Give Thanks! 22</b></p> <p><b>Favorite Holiday Memories Table Décor Class Recipe Sharing Emily Post Traditions</b></p>  <p><b>Wild Turkey Dancin' With Mike Malone</b></p>  | <p><b>Feasting, Reminiscing &amp; Counting Blessings 23</b></p> <p>Enjoy a Delicious Holiday Brunch<br/>Get 'Holiday-Ready' at the Salon<br/>Holiday Festivities<br/>Macy's Thanksgiving Parade</p>                                   | <p><b>BLACK FRIDAY 24</b></p> <p><b>FUNDAY</b></p> <p>Regency is giving Black Friday a different spin, so our members can feel more involved with this annual "crazy" day.<br/>Fun activities, raffles &amp; door busters, memory-sparking topics<br/><b>J. Mac Entertains Live</b></p>   | <p><b>25</b></p>  |
| <p><b>STIR it Up SUNDAY 26</b></p>  <p>Join Us for A Fun Filled Day<br/>Baking Club is Stirring Up Pumpkin Treats<br/>Enjoy Vintage Thanksgiving Traditions, Recipes &amp; Photos</p>        | <p><b>Cyber (Cider) Monday 27</b></p> <p>Tech Savvy Seniors - Online Shopping Demo<br/>Catalogs: Sears &amp; Roebuck<br/>What's in Your Cart?<br/><b>Lunch Outing to Olive Garden</b><br/>Warm Cider Social<br/>Holiday Trivia</p>    | <p><b>28</b></p> <p>9:30 Do You Recall?<br/>10:00 Move and Spell<br/>10:30 Puzzle Ponderings<br/>11:00 Fun Fitness<br/>11:30 Marble Painting</p> <p><b>Rumba Cubana Lunch</b></p> <p>3:30 Fact or Fiction<br/>4:00 Horseshoe Pitch<br/>4:30 Soulful Singers<br/>5:00 Math Madness</p>  | <p><b>Let's Do-Si-Do 29</b></p> <p><b>Wear your best western attire</b></p> <p>Square Dancing Steps<br/>Square Dance Calls &amp; Patter<br/><b>ROOTIN TOOTIN LUNCH</b><br/><b>Mark And Ted Perform</b><br/>Saloon Happy Hour<br/>Western Movie Reminisce</p>                          | <p><b>30</b></p> <p>9:30 Color Therapy<br/>10:30 Spelling Bee<br/>11:00 Men's/Ladies Club<br/>11:30 Move It or Lose It!</p> <p><b>Dey Mansion Washington's Headquarters</b></p> <p>3:00 Name that Tune<br/>3:30 Brainiacs Unite<br/>4:00 Remembering with Music<br/>5:00 Thankful Alphabet Game</p>                        | <p><b>Happy Birthday!</b></p> <p>Susan W. 11/03<br/>Amy Q. 11/06<br/>Larry Mach 11/16<br/>Vincenza S. 11/23<br/>Joe O. 11/24<br/>Howard K. 11/30</p>   |   |

• Activities are subject to change without notice