

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY NEW YEAR 2023!</p> <p>Kick off the New Year with your Regency Family! Join us for a day filled with fun games and celebrations!</p> <p><small>New Year's Day</small></p>	<p>9:30 Daily Chronicle 10:30 Jeopardy 11:00 Knockout Kickball 11:30 Monday Motion Workout</p> <p>Lunch in Lavalette At Lenny's Italian</p> <p>3:30 Volleyball Tourney 4:00 Making New Words 4:30 Remember When... 5:30 Collaborative Crosswords</p>	<p>9:30 Cranium Crunchers 10:30 The Year Was 1942 11:00 Horseshoe Challenge 12:00 Tuesday Stretch</p> <p>Shrimp Feast At Red Lobster</p> <p>3:30 PGA Golf 4:00 Ladderball 4:30 Frisbee Fun 5:00 Charades</p> 	<p>National Bird Day</p> <p>Name that Bird Symbolism Bird Cams Bird Nerds Building Bird Houses Live Entertainment By Lou Parisi</p> 	<p>9:30 Daily News 10:00 Golf Challenge 10:30 Winter Fun Facts 11:00 Snowflake Craft Corner 12:00 Fit & Fab Workout</p> <p>Chinese Food At The Great Wok</p> <p>3:30 Basketball Throw Down 4:00 Target Practice 4:30 Reminisce: Winter Days 5:30 Pictionary</p>	<p>Elvis Presley's Birthday</p> <p>Reminisce Fun Facts about Elvis PB & Banana Surprise Elvis Dance Party With Mike Malone</p> 	<p>BIRTHDAYS THIS MONTH</p> <p>1/7 Judy G 1/12 Marie P 1/13 Dorothy S 1/19 Milena D 1/26 Dennis F</p> 
<p>Celebrate Reminisce Month Let's Talk About You!</p> <p>*Guess Who? *Baby Photo Contest *Now & Then *Childhood Games and Reminiscing</p> <p><small>Bring in your baby photos!</small></p> 	<p>9:30 Monthly Gazette 10:00 Remembering with Music 10:30 Snowy Word Fun 11:30 Wakeup Workout</p> <p>Friendly Lunch Outing At Riv's Hub</p> <p>3:30 You Get to Dance 4:00 BLURT! 4:30 Volleyball Challenge 5:30 Banoodle</p> 	<p>9:30 Brain Busters 10:00 Kickball 11:00 Cornhole Championship 11:30 Sweating to the Oldies</p> <p>Mexican Fiesta At Tio Juan's Margaritas</p> <p>3:30 Senior's Say 4:00 Waterfall Ball 4:30 Did You Know? 5:00 Snowball Toss</p> 	<p>Disco Day! Saturday Night Fever</p> <p>Trends of the 70's Remembering The Bee Gees & John Travolta Disco Dance</p> 	<p>9:30 Let's Talk Shop 10:00 Cornhole 10:30 Let's Move Exercise! 11:00 Badminton Club 12:00 Categories</p> <p>Our Favorite Lunch Spot Donovan's Pub</p> <p>3:30 Charades 4:00 Seniors Singing 4:30 Waterfall Ball 5:00 Evening Antics</p>	<p>WINTER CARNIVAL</p> <p>Join us for some warm winter fun! Build a Snowman, Have a Snowball Fight, Play Carnival Games and Make some fun Snowy Art!</p> <p>No Carnival is Complete Without Dancing with Lisa Van</p> 	<p>14</p>
<p>GO TEAM GO!</p> <p>CELEBRATE YOUR FAVORITE TEAMS! PLAY, CREATE, EAT! SPORTS THEMED EVENTS ALL DAY!</p> 	<p>I Have a Dream!</p> <p>Celebrate the Life and Legacy of Civil Rights Leader, Martin Luther King, Jr. Lunch outing at Fridays!</p> <p><small>Martin Luther King Jr. Day</small></p> 	<p>9:30 It's in the News 10:30 Who Am I? 11:00 Yahtzee 11:30 Flexersize</p> <p>Steak Luncheon Longhorn Steakhouse</p> <p>3:30 Ladies/Men's Groups 4:00 Let's Talk Tech 4:30 Skee-ball 5:30 Hula Hoop Toss</p>  	<p>Let's Celebrate! January Birthdays</p> <p>Get Your Groove on With The RagTimers</p> 	<p>9:30 Fun and Games 10:30 Listen & Learn 11:00 Ladderball 11:30 Get Moving Fitness</p> <p>Lunch in the Islands At Bahama Breeze</p> <p>3:30 Baseball Bunting 4:00 Let's BOWL 4:30 Trivia Mavens 5:30 The Year Was...</p> 	<p>SUPERHERO DAY</p> <p>A DAY TO CELEBRATE EVERYDAY HEROES! BATMAN, SUPERMAN, WONDER WOMAN, OR OUR MOMS & DADS, THESE ARE HEROES!</p> <p>SUPER DANCE PARTY WITH JOE PARIS</p> 	<p>21</p>
<p>HAPPY CHINESE NEW YEAR 2023</p> <p>Chinese New Year Superstitions Lantern Riddles Are You a Rabbit? Chinese New Year Art Class Dance Party CHINESE FOOD LUNCH</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>9:30 Mini Golf Adventures 10:00 Brain Busters 11:00 Regency Singers 11:30 Get Movin' Fitness</p> <p>Hibachi Fun At Ichiban</p> <p>3:30 Spelling Bee 4:00 Cornhole Competition 4:30 Volleyball 5:30 Famous Faces</p> 	<p>9:30 Morning Chats 10:00 What's Cooking? 10:30 Seniors Stretching 11:00 Ping Pong Planet</p> <p>Boardwalk Pizza At The Sawmill</p> <p>3:30 Pitch Perfect 4:00 Regency Choir 4:30 Waterfall Ball 5:30 Twenty Questions</p> 	<p>Regency Pet Day</p> <p>101 Dalmatians Premiered Exotic Pet Trivia Pet Reminisce – Bring Photos Famous Faces & Their Pets Can you Teach an Old Dog New Tricks? Wild Animal Dance Party With Wild Rose</p>	<p>9:30 Fun with Color 10:00 Baking Club 10:30 Scavenger Hunt 11:30 Men's/Ladies' Clubs 12:00 Tap to Tunes Exercise</p> <p>Italian Cuisine At Johnny G's</p> <p>4:00 Target Competition 4:30 Flickin' Chickens 5:30 Let's Talk!</p> <p><small>Australia Day (observed)</small></p> 	<p>Baby It's Cold Outside!</p> <p>Wear a Crazy Hat & Socks Farmer's Almanac Stats Hat Design Class Crazy Hats in History Dancing & Singing With Lou B</p> 	<p>28</p>
<p>Break Up with the Winter Blues</p> <ul style="list-style-type: none"> Manicures Hand Massages Fancy Tea Party Moisturizing Face Masks 	<p>9:30 World Happenings 10:00 Would You Rather? 11:00 Ring Toss Challenge 11:30 Midweek Workout</p> <p>Burgers and Fries At Red Robin</p> <p>3:30 Croquet 4:00 Soccer Stars 4:30 Hula Hoop Contest 5:30 Let's Talk About It!</p>	<p>9:30 Colorful Expressions 10:00 Bullseye Tourney 10:30 Let's Get Physical 11:00 Can Jamz</p> <p>All The Bread You Can Eat At The Olive Garden</p> <p>3:30 Name 5 4:00 Perfect Pitches 4:30 Kickball 5:30 Trivial Pursuit</p> 	<p>January 2023</p> <p>Regency Memory Care Club – Toms River</p> 			

*Activities are subject to change.