

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Regency Memory Care Club –River Edge



New Year's Day

2022
Happy New Year

Kick off the New Year with your Regency Family! Join us for a day filled with fun games and celebrations!

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9:30 Daily Chronicle
10:30 Jeopardy
11:00 Kickball
11:30 Midweek Workout

Tastes of Summer At Bahama Breeze

4:00 Making New Words
4:30 Remember When...
5:30 Collaborative Crosswords

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9:30 Cranium Crunchers
10:00 Sharpen Your Skills
11:00 Horseshoe Challenge
12:00 Tuesday Stretch

Breakfast For Lunch at IHOP

4:00 Ladder ball
4:30 Frisbee Fun
5:30 Charades

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National Bird Day 5

Name that Bird
Symbolism
Bird Cams
Building Bird Houses
Dance the Afternoon With Alan & Eve

6

Join Us At Parkway Lanes for Bowling and Pizza

7

Wear Your PJs

The Winter Pajama Party
Dancing with Lou Bernardi

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Celebrate Reminiscence Month

*Guess Who is the Movie Star?
*Celebrity Baby Photo Contest
*Now & Then
*Childhood Games and Reminiscing

10

Elvis Presley's Birthday

Reminiscence
Elvis Dance Party
Fun Facts about Elvis
Lunch Outing at Miller's Ale House

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9:30 Brain Busters
10:00 Kickball
11:00 Cornhole
11:30 Sweating to the Oldies

Visiting Jeff at River Edge Diner

4:00 Waterfall Ball
4:30 Did You Know?
5:30 Snowball Toss

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SUPERHERO DAY

A DAY TO CELEBRATE EVERYDAY HEROES!
BATMAN, SUPERMAN, WONDER WOMAN, OR OUR DADS, THESE ARE OUR HEROES!
DANCING WITH MIKE MALONE

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9:30 Monthly Gazette
10:30 Snowy Word Fun
11:30 Wakeup Workout

Senior Zumba Hour With Jamal

3:30 You Get to Dance
4:00 BLURT!
4:30 Volleyball Challenge

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Let's Celebrate!

January Birthdays
Get Your Groove on With Carla V.

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Tu B'Shevat

It's a New Year for the Trees!
Let's Do Some Planting
Taste the Seven Species

17

I Have a Dream!

Celebrate the Life and Legacy of Civil Rights Leader, Martin Luther King, Jr.
Lunch at The Coach House

18

9:30 Colorful Expressions
10:00 The Letter "J"
11:00 Snowball Fight
12:00 Balancing it Out

Olive Garden Lunch

3:00 Best Slangs Ever
3:30 Sit Sing and Dance
4:00 Winter Trivia Time
4:30 Celebrity Gossip

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9:30 It's in the News
10:30 Who Am I?
11:00 Yahtzee
11:30 Flexersize

Fabulous Tunes Frankie M.

3:30 Ladies/Men's Groups
4:30 Skee-ball
5:30 Hula Hoop Toss

20

Winter Art Show at The Ridgewood Art Center

21

Disco Day!

Saturday Night Fever
Trends of the 70's
Remembering The Bee Gees & John Travolta
Disco Dance Party With Mike Malone

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Break Up with the Winter Blues

- Manicures
- Hand Massages
- Afternoon Tea Party Scrumptious

Activity Professionals Week

24

9:30 Mini Golf Adventures
10:00 Brain Busters
11:00 Regency Singers
11:30 Get Movin' Fitness

Italian Lunch at Presto's

3:30 Spelling Bee
4:00 Cornhole Competition
5:30 Famous Faces

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9:30 Fun with Color
10:00 Baking Club
11:30 Ladies Club
12:00 Tap to Tunes Exercise

On the Border Lunch

4:00 Target Competition
4:30 Flickin' Chickens
5:30 Let's Talk!

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9:30 World Happenings
10:00 Would You Rather?
11:00 Ring Toss Challenge
11:30 Midweek Workout

Dancing the Afternoon With Julian Hernandez

3:30 Croquet
4:30 Hula Hoop Contest
5:30 Let's Talk About It!

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Let's Take a Trip Fancy Fresh Farms for a Special Winter Baking Demonstration

28

WINTER CARNIVAL

Join us for some warm winter fun!
Build a Snowman, Have a Snowball Fight, Crown Snow King and Queen
Making Ice cream
No Carnival is complete without Dancing with Frankie M.

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30

GO TEAM GO!

CELEBRATE YOUR FAVORITE TEAMS!
PLAY, CREATE, EAT! SPORTS THEMED EVENTS ALL DAY!

31

64th Annual Grammy Awards

Music of the Past and present!
Dancing, Singing And Lots of Fun!
Friend's Lunch At The Olive Garden

Happy Birthday!

1/5 - Dolores B. 01/12 - Aura A.
1/5 - Virginia C. 01/29 - Nellie H.
1/11 - Robert B 01/29 - Bernard W
1/18 - Kathleen K.

*Activities are subject to change.