

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

Regency Memory Care Club – River Edge



**Celebrate October 1**  
 Live Music  
**Dennis Grau.**  
 Join us for chicken dances, sing-alongs, giant pretzels  
 Gingerbread necklaces  
 \*\*\*SUPER FUN DAY\*\*\*



**Sweater Weather Sunday**  
 Aromatherapy - Sweet Smells of Sweater Weather  
 Carmel Bars & Cider  
**Miller's Ale House Lunch**  
 \*Wear your favorite sweater

9:30 Brain Busters  
 10:00 Memory Madness  
 10:30 Horseshoes  
 11:30 Chair Exercises  
**Maggiano's Italian Lunch**  
 3:00 Happy Hour  
 3:00 Jeopardy  
 4:00 Card Games  
 5:00 Jenga Challenge

9:30 What's Trending  
 10:00 The Year Was  
 10:30 Cornhole Contest  
 11:30 Let's Move Fitness  
**Friendly Lunch At River Edge Diner**  
 3:00 Inner Artist Art Club  
 3:30 Cranium Crunchers  
 4:00 What Am I?  
 5:00 Evening News & Views

9:30 Finish the Phrase  
 10:00 Movie Moments  
 10:30 Learn Spanish  
 11:00 Boogie & Bounce Fitness  
**Classic Sounds of Benny Rosa**  
 3:00 Short Stories  
 3:30 Perfect Pitch  
 4:00 Brain Busters  
 5:00 Hangman

9:30 Dear Abby  
 10:30 Crafting with Clay  
 11:00 News & Views  
 11:30 Hit the Gym  
**Trip out to the Paterson Museum**  
 3:30 Culinary Club  
 4:00 Cranium Crunches  
 4:30 Memory  
 5:30 Name that Tune

**Freaky Friday!**  
 Let the madness take control as LOU BERNARDI plays all the classic, creepy, crazy monster hits. There will be potions for the blood thirsty & food concocted by our mad scientists.

**Elegant Harvest Luncheon**  
 Celebrate the harvest season with a feast that showcases the flavors of fall. A Guest Chef and Baker demonstration using fall's glorious bounty to make delicious side dishes and desserts. Everyone will participate and taste test

9:30 What's in the News  
 10:00 Reminiscing Julie Andrews  
 10:30 Bowling Challenge  
 11:00 Let's Move it  
**Miller's Ale House Lunch**  
 3:00 The Price is Right  
 3:30 Creative Crafts!  
Columbus Day (US)  
 Indigenous Peoples' Day  
 Thanksgiving (Canada)

9:00 Super Brain Yoga  
 10:00 Today in History  
 10:30 Balloon Noodle  
 11:30 Move and Balance  
**Presto's Italian Lunch**  
 3:00 No Bake Treats  
 3:30 Football Toss  
 4:00 Singing with Frankie  
 5:00 Star of the Month

9:00 Who Am I?  
 10:00 Art Project  
 10:30 Gleeful Wellness  
**Member Birthday Bash with Alan & Eve**  
 3:00 Dictionary  
 3:30 Pumpkin Relay  
 4:00 Brain Busters - Stat

**Pumpkin Picking at Famous DEMAREST FARMS**

**Lucy, I'm Home!**  
 Celebrating I love Lucy!  
**SHOWTIME With Johnny Mac**

**HAPPY BIRTHDAY!**  
 Lester C. 10/20  
 Judy M. 10/21  
 Elba G. 10/30

**Football & Apples**  
 Making the most of the season  
**GAME DAY**  
 Caramel Apple Bar  
 DIY Felt Apple Tote Bags  
 Puffy Paintings  
 NFL Famous Players Recall  
 Game Day Raffles

9:30 Brain Teasers  
 10:00 Reminisce: Judy Garland  
 10:30 Columbus Word Search  
 11:30 50's Fitness Workout  
**IHOP Diner!**  
 3:30 Happy Hour on the Deck  
 4:00 Family Feud Competition  
 5:00 Nightly News

**Let's Go Back in Time**  
 Join us for a Special Trip to The Thomas Edison Museum



9:30 Who am I?  
 10:00 What's Trending?  
 10:30 Golf on the Green  
 11:00 Fab & Fit Workout  
**Frankie M. Sings the Classics!**  
 3:30 Kickball Fun  
 4:00 Hand Massages  
 4:30 Creative Crafts  
 5:00 Hangman

Join us for Lunch at Fancy Fresh Farms  
 Pumpkin Crafts  
 Cider Donuts!



**WELCOME TO Fabulous LAS VEGAS**  
 Join us today as we jet out to Sin City. Casino games, Showtunes by Dennis Grau & bottles of bubbly.

**Scarecrows, Pumpkins & Bales of Hay,**  
 Join us to Celebrate Scarecrow Building, Gourmet Fall Snacks & Learn How to Pumpkin Roll  
 Dance Away the Afternoon with **Johnny Mac**

**Wonderfully Witchy Sunday**  
 Hocus Pocus Movie Clips  
 Frog's Breath Floats  
**Lunch Outing to Prestos**

9:30 Baseball Challenge  
 10:30 What am I?  
 11:30 Boogie & Bounce Fitness  
**Bahama Breeze Lunch**  
 3:00 Ghostly Cooking Club  
 3:30 Chain Game  
 4:00 Recall Halloween Movies  
 Charlie Brown Classic

9:30 Magazine Moments  
 10:00 What Comes Next?  
 10:30 Decorating Pumpkins  
 11:30 Senior Zumba  
**Fall Foliage Tour**  
 Enjoy seeing the brilliantly colored leaves in some of the most beautiful parts of Bergen County

9:30 Famous Magazines  
 10:00 Decorating Pumpkins  
 11:30 Move and Grove  
**Mike Malone's Oldies**  
 3:00 Guess that Baby  
 3:30 KickBall Fun  
 4:00 Singing the 50's  
 5:00 Afternoon Noodle Stretch

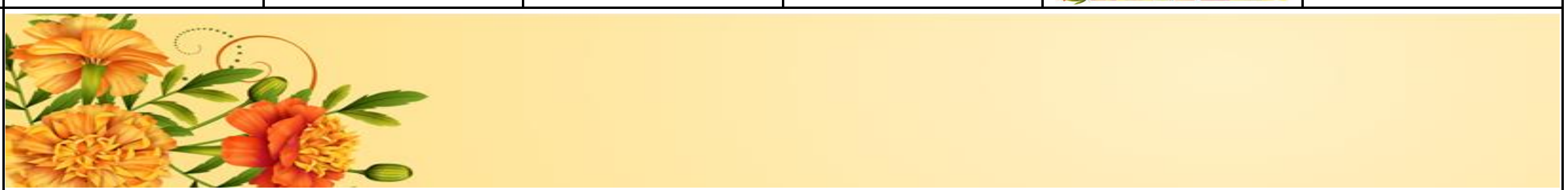
**Historic Tenafly Nature Center**  
 Join us for Cider Making



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**Halloween Party!**  
 Come on Out Boos & Ghouls!  
 Costume Contest, Pumpkin Carving & Guess the Pumpkin Weight  
 Tricks and Treats  
**HAPPY HALLOWEEN**  
 Halloween



Type the name, address, and other information about your community/company here.