

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2016

Regency Memory Care Club River Edge



| | | | | | | | | |
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| | | | | | | | 1 | |
| AUTUMN NATURE EXCURSION 2 Enjoy a Day of Nature with Animal Exhibits, Easy Walk on the Tree-Lined Trails & Lunch overlooking the Pond at James McFaul Nature Center  | 3 CLOSED <small>Rosh Hashanah</small> | 4 CLOSED | 5 9:30 Monthly Gazette 10:30 Tabletop Shuffleboard 11:00 Cranium Crunches 11:30 Senior Zumba <hr/> Super fun, Hibachi Style Lunch at Matsuya Hibachi <hr/> 3:00 Ping Pong Challenge 3:30 You be the Judge 4:30 Line Dancing | 6 Festival of Music and Life We're Celebrating & Highlighting Music Through The Era's to Provide an Exciting, Memory Enhancing Experience! Baby Boomer & AARP IDOL WINNER JULIAN (dubbed the "Boomer Dublé.") PERFORMS LIVE | 7 9:30 Friday Fun Facts 10:00 Fall Craft/Men's Club 11:00 Friday Fitness Fun Aviation Hall of Fame Tour & Mess Tent Lunch 3:00 Places we've been... 3:30 Parachute launch 4:30 Musical Happy Hour | | 8 | |
| 9 9:30 Bagels & Coffee 10:00 Newsworthy Notes 10:30 Tabletop Bowling 11:30 Tap to Tunes Fitness Baumgart's Classic Cafe' Lunch Outing 3:00 Table Tennis Tournie 3:30 Name 10 4:30 Remember the Beatles | 10 9:30 Brain Teasers 10:30 Columbus Word Search 11:00 50's Fitness Workout Rockin' and Rollin' with George Romano 3:30 Cooking OR Men's Club 4:30 Family Feud 5:00 Nightly News <small>Columbus Day (US) Thanksgiving Day (Canada)</small> | 11 9:30 It's Puzzling 10:30 Floor Shuffleboard 11:30 Senior Stretches JOE PARIS DANCE PARTY 3:00 Fondue Fun 3:30 Target Toss 4:30 Mystery Box 5:00 Where in the World...? | 12 CLOSED <small>Yom Kippur</small> | 13 OCTOBERFEST Oompahpah! Join us for polka dancing, chicken dances & sing-alongs with BOBBY BRESCIA. Giant pretzels and Authentic German food, drinks, decor & atmosphere... | 14 9:30 Unscramblers 10:30 Mandala Art 11:30 YOGA with Wendy LUNCH OUTING TO ANGELO'S GREEK TAVERNA 3:00 Scattergories 3:30 Headbands Fun 4:30 Horse Races 5:00 Reminisce on the Patio |  | 15 | |
| 16 Enjoy the Sights & Sounds of the Season leaf-Peeping Road Trip: Beautiful Palisades Parkway to Nyack, NY Fall foliage Tour & Picnic | 17 CLOSED | 18 CLOSED | 19 FRESH & fancy FARM'S EXTRA SPECIAL DAY OUT! Join us today - we'll be at the farm making jam from scratch! You will go home with a jar of jam and recipes. Farm Barn Lunch History Farm Tour Jam Tasting * Donuts & Cider | 20 9:30 Trivia Twisters 10:30 Balloon Volleyball 11:30 Tap to Tunes Fitness STILETTO & THE SAXMAN PERFORM 3:00 Snack Attack Social 3:30 Trivial Pursuit Tournament 4:00 Twist and Shout Tunes 5:00 Travelogue | 21 9:30 Musical Memories 10:30 Name that Tune 11:30 Bowling Competition Trip: Lunch at Charlie Brown's 3:00 Friday Happy Hour 3:30 100 Questions or Hoops 4:30 Who Am I? | | 22 | |
| 23 9:30 Pancake Breakfast 10:00 Sunday Funnies 10:30 Football Toss 11:30 Sunday Zumba Dagwood Sandwiches and Scenic Ride to Overpeck Park 3:30 Who's Who 4:30 Dance Crazes 5:00 Family Style Dinner | 24 CLOSED | 25 CLOSED | 26 9:30 Crafting or Card Shark 10:30 Noodle Nudgers 11:30 Zumba Class Fun Lunch Trip to Ronnie's Rockin' Grille 3:30 Rocking Jingo 4:00 Shake, Rattle & Roll 5:00 Who Dun IT?/CLUE | 27 9:30 Haunted House Putting 10:30 Brain Bender Game 1:30 Sweat to Oldies Exercise Spooktacular Birthday Party with Leonardo 3:30 Spooky Bingo 4:00 Monster Mash 5:00 Creepy Cinema Show | 28 Create Your Own Picasso Pumpkin Painting Contest 11:30 Fab & Fit Workout Olive Garden Luncheon 3:00 Bingo for Prizes 3:30 Target Toss 4:00 Move & Groove Music 5:00 TGIF Movie |  | 29 | |
| 30 9:30 Breakfast Bunch 10:00 Halloween Painting 10:30 Ring Toss 11:30 Sunday Stretches Lotus Café Lunch Outing 3:00 Walking Club 3:30 Painting Class 4:30 Brain Teasers | 31  Spooktacular Halloween Party! Live Entertainment with DJ Drew Halloween Costume Contest, Games & Surprises! <small>Halloween</small> | Happy Birthday: John C. 5 th Judy P. 11 th Judy M. 21 st Monte 22 nd | | | | | | |

• Activities are subject to change