

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HAPPY BIRTHDAY!</b> Blanca C. 8/25 Barbara N. 8/25 	<b>Let's Twist! 1</b> <b>Chubby Checker Recall,</b> <b>Learn to Twist,</b> <b>Reminisce the,</b> <b>1960 Dance Craze!</b> <b>Lunch PF CHANGS</b> 	<b>On this Day..... 2</b> 10:00 Trademark Tuesday 10:30 Rings and Things 11:00 Noodle Workout <b>BJ's Restaurant &amp; Brewery Lunch</b> 3:30 Parachute Challenge 4:00 Senior Spelling 4:30 Pesticest Pets Ever! 5:30 Reminisce Game	<b>Let's Party Like 3</b> <b>It's the 1970's!</b> <b>Disco, Dancing</b> <b>Reminiscing and</b> <b>more!</b> <b>Disco Party</b> <b>With Julian</b> 	<b>Join us for a Special 4</b> <b>Exhibition of Frank Sinatra</b> <b>at The Hoboken Museum!</b> 	<b>BBQ FRIDAY 5</b> <b>Cheers &amp; Beers!</b> <b>International Beer Day</b> <b>"Brews and Tattoos"</b> <b>Eat Some BBQ</b> <b>Sample some "Brews"</b> <b>Get some "Tattoos"</b> <b>Laugh and Dance</b> <b>with Johnny Mac</b> 	
<b>National Lighthouse Day7</b> <b>Explore NJ's</b> <b>Ten Lighthouses</b> <b>History of Ole' Barney</b> <b>Virtual Tour</b> <b>Best Beaches of NJ</b> <b>Beach Volleyball</b> <b>Tournament</b> <b>Picnic Lunch</b> 	<b>9:30 Tai Chi on the Deck 8</b> 10:00 Twenty Questions 10:30 Reminisce 11:00 Seniors Stretching <b>It's Breakfast for Lunch</b> <b>at IHOP</b> 3:30 Skee-ball Tournament 4:00 Disc Throwdown 4:30 Making New Words 5:00 Category Madness	<b>9:30 Wonder of Words 9</b> 10:00 Balloon Challenge 10:30 Picture It! 11:00 Fit for Life Exercise 12:00 Brain Benders <b>Longhorn Steak House</b> 3:30 Tongue Twisters 4:00 Musical Memories 4:30 Vacation Destinations 5:30 Movie Stars: Then & Now	<b>9:30 Fun Facts 10</b> 10:00 Reminiscing 10:30 Disc Throwdown 11:00 Mid-Week Workout <b>Shaking ang Grooving</b> <b>with Mike Malone</b> 3:30 Bullseye Competition 4:00 Songs of Summer 4:30 Name 5 5:00 Pictionary	 <b>Scenic Picnic Lunch at</b> <b>The Paterson Great Falls</b> <b>National Park</b>	<b>BBQ FRIDAY 12</b> <b>Let's Have a Blast from</b> <b>the Past!</b>  80's Fashion Trends Schoolyard Games 80's Dance Party with Estere	
<b>Let's Kick Off 14</b> <b>the Week With</b> <b>Outdoor Games,</b> <b>Prizes and</b> <b>A Celebration</b> <b>Of Friends at</b> <b>The Regency!</b> 	<b>9:30 Good Morning Stretch 15</b> 10:00 Ping Pong Planet 10:30 BINGO 11:00 Tap to a Tune Fitness 12:00 Guess Who? <b>Miller's Ale House</b> 3:30 Brain Games 4:00 Famous Faces 4:30 Perfect Pitch 5:30 Stroll Down Memory Lane 	<b>9:30 Tremendous Facts 16</b> 10:00 Brain Challenge 10:30 Target Frisbee 11:00 Work It Out Fitness <b>The Coach House</b> <b>Diner</b> 3:30 Twenty Questions 4:00 Regency Choir 4:30 Fill in the Blank 5:30 Lefties are always Right	<b>Come Celebrate Our 17</b> <b>August Birthdays!</b> <b>Party Games,</b> <b>Food &amp; Dancing with</b> <b>Rich G.</b> 	<b>Historical 18</b> <b>Ringwood Mansion</b> <b>Tour and Grounds</b> 	<b>BBQ FRIDAY 19</b> <b>Coco Chanel Celebration</b> <b>Style Icon of the 1920s</b> <b>Quotes, Fashion &amp; Facts</b> <b>Fashion Show</b> <b>Roaring Oldies Show</b> <b>- by Ella Christina</b> 	
<b>World Senior Citizen Day21</b> <b>Share your Family History,</b> <b>Your Legacy, and your</b> <b>knowledge!</b> <b>Fabulous Lunch from</b> <b>Bahama Breeze!</b> 	<b>9:30 Today in History 22</b> 10:00 You Get to Dance 10:30 Brain Benders 11:00 Move it or Lose it 11:30 Name that Tune <b>Monday Get Together</b> <b>at Presto's</b> 3:30 Mini Golf 4:00 Name 5 4:30 Country Singing 5:30 Waterfall Ball	<b>Singing In the Rain! 23</b> <b>Celebrate Gene Kelly</b> <b>Umbrella Art Class,</b> <b>Name that Movie,</b> <b>Rainy Day Trivia,</b> <b>20 Things to Do in the Rain.</b>  <b>Lunch at Red Robin, Yum!</b>	<b>9:30 Dear Abby 24</b> 10:00 Toss Across 10:30 Beach Boys Recall 11:00 Surfin' USA Exercise 11:30 Summer Reminisce <b>Live Show</b> <b>w/Frankie M.</b> 3:30 Brain Buzzers 4:00 Would You Rather 4:30 Banoodle 5:30 Evening Fun	<b>A Visit to 25</b> <b>NJ Botanical Gardens and</b> <b>Skyland Manor</b> 	<b>26</b>  <b>Viva Las Vegas!</b> <b>Join Us for a Day of</b> <b>Glamour, Glitz &amp;</b> <b>Gambling!</b> <b>Music and Dancing</b> <b>with Lou B.</b>	
<b>Sunglass Sunday 28</b> <b>Our day is so Bright we've</b> <b>got to Wear Shades!</b>  <b>Picnic Lunch, Games &amp;</b> <b>Trivia at</b> <b>Van Saun Park!</b>	<b>9:30 Summer Trivia Outside 29</b> 10:00 Can Jamz 10:30 Football Toss 11:00 Famous Faces 11:30 Reminisce: The Beatles <b>Fabulous Lunch at</b> <b>Houlihan's</b> 3:30 Ring Toss 4:00 Crazy Myths 4:30 BINGO 5:30 Scattergories	<b>9:30 What's in the News? 30</b> 10:00 Shuffleboard Fun 10:30 Jeopardy Trivia 11:00 Recharge Exercise 12:00 Songs of Our Time <b>OLIVE GARDEN LUNCH</b> 3:30 Lets Learn a Language 4:00 Patio Chat 4:30 Musical Memories 5:30 Senior Trends	<b>9:30 Love, Smile, Yoga 31</b> 10:30 Craft Corner 11:00 Summer Mystery Box 11:30 Tap & Clap Fitness <b>Favorite Hits</b> <b>with Carla V.</b> 3:30 Frosty's on the Deck 4:00 60's Tunes 4:30 Jokes and Riddles 5:30 Heads Up!			

\*Activities are subject to change.