July 2022

The Regency Memory Care Club – Toms River

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 **BBQ FRIDAY** **Secret Outside Lunch Location** **Legal "Spirits"** **All that Jazz with Ellen Fazio** SPEAKEASY Canada Day	**2**
3 **Peachy Keen Peach Party** **Kick off Peach Month** **Fresh Peach Breakfast** **Peach Baking Club** **Comfort Food Lunch** **At Five Guys**	**4** **ANNUAL JULY 4TH OUTDOOR FESTIVAL** A full day of fun! Red, White & Blue Breakfast, BBQ style Food & Old-Fashioned Games. Independence Day (US)	**5** 9:30 Tremendous Facts 10:00 Brain Teasers 10:30 July Facts 11:00 Recharge Exercise **Sing Along with The Ragtimers** 4:00 Price is Right 4:30 Senior Serenade 5:00 Twenty Clues Trivia	**6** 9:30 Today in the News 10:00 You Be the Judge 11:00 Senior Zumba 11:30 Collaborative Art Class **LUNCH OUTING AT THE PARK** 4:00 Bullseye Competition 4:30 Hit Your Mark 5:00 Jokes Abound	**7** 9:30 Colorful Expressions 10:30 Bullseye Challenge 11:00 Stretch It Out **FAMILY STYLE LUNCH AT DONOVAN'S** 3:30 B-I-N-G-O 4:00 Summer Song Fest 4:30 Basketball Throw Down 5:00 Evening Antics	**8** **BBQ FRIDAY** **It's National Hot Dog Month** **Hot Dogs with All the Fixins'** **Special Guest "Dog"** **Hot Diggity Dog Dance Party with Julian**	**9**
10 **Sunflower Sunday** All About Sunflowers Sunflower Art Class Garden Luncheon Games & Fun All Day Long!	**11** 9:30 Morning News 10:00 Finish the Phrase 10:30 Volleyball Competition 11:00 Move It or Lose It **Let's Get Outside & Picnic at the Park!** 4:00 Tremendous Trivia 4:30 Soothing Songs 5:00 Table Topics	**12** **Splish Splash** **It's a Beach Day Bash!** **Join us for some summer fun including beach games and tropical music!** **Wear your favorite summer attire!** **Beach Party with Mike Malone!**	**13** **Dive into Shark Week** **Shark Fact & Fiction** **Underwater Adventures** **Shark Themed Snacks** **Fishy Craft Class** **Fishy Luncheon at Red Lobster** SHARK WEEK	**14** 9:30 Horoscopes & News 10:30 Reminisce: Lucille Ball 11:00 Move & Groove Fitness 11:30 Shark Week Fun **Tropical Lunch At Bahama Breeze** 3:30 Twister Battle 4:30 Remember the 70's 5:00 Broadway Tunes	**15** **BBQ FRIDAY** **Christmas In July** **Visit with the Jolly Man** **Outdoor BBQ** **Snow Cone Treats** **Jingle Ball Party with Wild Rose**	**16**
17 **Out of This World** **Perseids Meteor Show** **Meteor Craft Class** **Outdoor Picnic**	**18** 9:30 Tremendous Trivia 10:00 Kick it, Toss it! 10:30 Guess Who? 11:30 Daily Fitness Fun **Beat the Monday Blues With Burgers at Riv's** 3:30 BINGO 4:00 Memory Joggers 5:00 Skeeball	**19** **Follow the White Rabbit,** **Don't Be Late...** **We're Having a Mad Hatter Tea Party!** **Wear Your Silliest Hat** **And Prepare for Lots of Fun!** **Mad Dance Party with Joe Grillo**	**20** 9:30 You Be the Judge 10:30 Reminisce: Harrison Ford 11:30 Color Therapy **Italian Lunch At Johnny G's** 3:30 Disc Throw Challenge 4:30 Songs of the 40's Recall 5:00 It's in the News	**21** PINS & PIZZA **Bowling Trip Today! Plus, lots of great activities for those staying at the club**	**22** **BBQ FRIDAY** **Don't' Act Your Age Day!** **Water Gun Painting** **Playground Games** **Craft Corne,** **Live Music with Joe Paris**	**23**
24 **Self-Care Sunday** Manicures Hair Styling Yoga Class Open Air Luncheon	**25** 9:30 What's Trending 10:00 Math Madness 10:30 Yahtzee War 11:00 Boogie & Bounce Fitness **Get Out and Eat At Great Wok** 4:00 School Days Trivia 4:30 Frisbee Challenge 5:00 Views of the News	**26** 9:30 On This Day... 10:00 Memory Benders 10:30 Ladies'/Men's Club 11:00 Warm Up & Work Out **Rock N Roll With Lou B** 3:30 Bean Bag Twister 4:00 Waterfall Ball 4:30 Corn Hole Tournament	**27** **SMILE EMOJI DAY!** **A Day of Smiles!** **Smile Art Class** **Lots of Laughs!** **Happy Times Park Picnic**	**28** 9:30 Morning Trends 10:00 Balloon Badminton 10:30 Reminisce 11:00 Summertime Stretches **Sirloin Steak At Longhorn Steakhouse** 4:00 Perfect Pitch 4:30 Fun with Color 5:00 Flippin' Chickens	**29** **BBQ FRIDAY** Join us as we go "Under the Sea." Swim on Over to The Regency for a Fun Time, Hula Dancing Under Sea Activites & Outdoor Dining "SEA"labration Dance with Lisa Van	**30**
31 **Picnic in the Park Sunday!** **Lunch Trip to Winding River Park** **Bird Watching** **Outdoor Games** **Nature Walk**	**HAPPY BIRTHDAY!!!** **7/2 Connie M** **7/3 Eileen Y** **7/7 Jim B** **7/7 Sam B** **7/12 Jane H** **7/17 Carmella L** **7/18 Irving G** **7/29 Peggy M**					

*Activities are subject to change.