










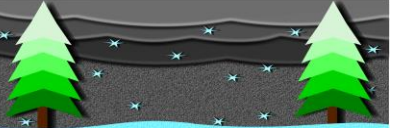










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>January 2022</h1> <p>Regency Memory Care Club –River Edge</p> </div>						
						1 New Year's Day
2022 <i>Happy New Year</i> Kick off the New Year with your Regency Family! Join us for a day filled with fun games and celebrations!	2 9:30 Daily Chronicle 10:30 Jeopardy 11:00 Kickball 11:30 Midweek Workout Tastes of Summer At Bahama Breeze 4:00 Making New Words 4:30 Remember When... 5:30 Collaborative Crosswords	3 9:30 Cranium Crunchers 10:00 Sharpen Your Skills 11:00 Horseshoe Challenge 12:00 Tuesday Stretch Breakfast For Lunch at IHOP 4:00 Ladder ball 4:30 Frisbee Fun 5:30 Charades	4 National Bird Day 5 Name that Bird Symbolism Bird Cams Building Bird Houses Dance the Afternoon With Alan & Eve	6  Join Us At Parkway Lanes for Bowling and Pizza	7 Wear Your PJ's The Winter Pajama Party Dancing with Lou Bernardi 	8
9 Celebrate Reminiscence Month *Guess Who is the Movie Star? *Celebrity Baby Photo Contest *Now & Then *Childhood Games and Reminiscing 	10 Elvis Presley's Birthday Reminiscence Elvis Dance Party Fun Facts about Elvis Lunch Outing Miller's Ale House 	11 9:30 Brain Busters 10:00 Kickball 11:00 Cornhole 11:30 Sweating to the Oldies Visiting Jeff at River Edge Diner 4:00 Waterfall Ball 4:30 Did You Know? 5:30 Snowball Toss 	12 SUPERHERO DAY A DAY TO CELEBRATE EVERYDAY HEROES! BATMAN, SUPERMAN, WONDER WOMAN, OR OUR DADS, THESE ARE OUR HEROES! DANCING WITH MIKE MALONE 	13 9:30 Monthly Gazette 10:30 Snowy Word Fun 11:30 Wakeup Workout Senior Zumba Hour With Jamal 3:30 You Get to Dance 4:00 BLURT! 4:30 Volleyball Challenge	14 Let's Celebrate! January Birthdays Get Your Groove on With Carla V. 	15
16 Tu B'Shevat It's a New Year for the Trees! Let's Do Some Planting Taste the Seven Species 	17 I Have a Dream! Celebrate the Life and Legacy of Civil Rights Leader, Martin Luther King, Jr. Lunch at The Coach House 	18 9:30 Colorful Expressions 10:00 The Letter "J" 11:00 Snowball Fight 12:00 Balancing it Out Olive Garden Lunch 3:00 Best Slangs Ever 3:30 Sit Sing and Dance 4:00 Winter Trivia Time 4:30 Celebrity Gossip	19 9:30 It's in the News 10:30 Who Am I? 11:00 Yahtzee 11:30 Flexersize Fabulous Tunes Frankie M. 3:30 Ladies/Men's Groups 4:30 Skee-ball 5:30 Hula Hoop Toss 	20  Winter Art Show at The Ridgewood Art Center	21 Disco Day! Saturday Night Fever Trends of the 70's Remembering The Bee Gees & John Travolta Disco Dance Party With Mike Malone	22
23 Break Up with the Winter Blues <ul style="list-style-type: none"> Manicures Hand Massages Afternoon Tea Party Scrumptious 	24 9:30 Mini Golf Adventures 10:00 Brain Busters 11:00 Regency Singers 11:30 Get Movin' Fitness Italian Lunch at Presto's 3:30 Spelling Bee 4:00 Cornhole Competition 5:30 Famous Faces 	25 9:30 Fun with Color 10:00 Baking Club 11:30 Ladies Club 12:00 Tap to Tunes Exercise On the Border Lunch 4:00 Target Competition 4:30 Flickin' Chickens 5:30 Let's Talk! 	26 9:30 World Happenings 10:00 Would You Rather? 11:00 Ring Toss Challenge 11:30 Midweek Workout Dancing the Afternoon With Julian Hernandez 3:30 Croquet 4:30 Hula Hoop Contest 5:30 Let's Talk About It!	27 Let's Take a Trip Fancy Fresh Farms for a Special Winter Baking Demonstration 	28 WINTER CARNIVAL Join us for some warm winter fun! Build a Snowman, Have a Snowball Fight, Crown Snow King and Queen Making Ice cream No Carnival is complete without Dancing with Frankie M.	29
30 GO TEAM GO! CELEBRATE YOUR FAVORITE TEAMS! PLAY, CREATE, EAT! SPORTS THEMED EVENTS ALL DAY! 	31 64th Annual Grammy Awards Music of the Past and present! Dancing, Singing And Lots of Fun! Friend's Lunch At The Olive Garden 	<div>  <div> Happy Birthday! 1/5 - Dolores B. 01/12 - Aura A. 1/5 - Virginia C. 01/29 - Nellie H. 1/11 - Robert B 01/29 - Bernard W 1/18 - Kathleen K. </div>  </div>				

*Activities are subject to change.